

The Wellness Shack, Inc.

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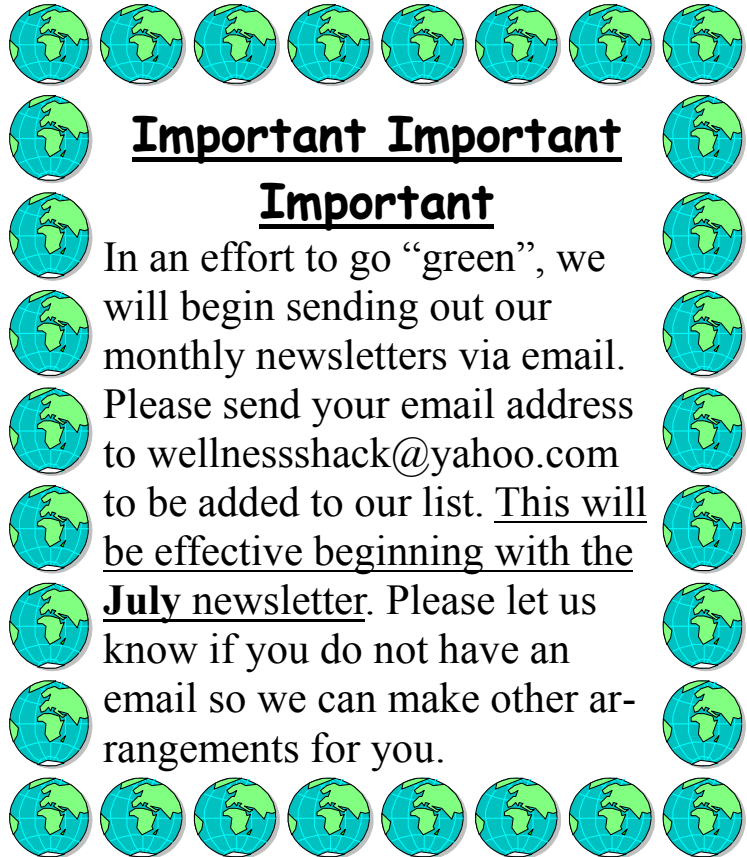
June 2011—Volume 7; Issue 6

WELLNESS SHACK DATES TO REMEMBER!!!

Groups are open to everyone.

PROCOVERY 4-5PM	WEDS
DUAL DIAGNOSIS 11:30-12:30PM	THURS
SUPPORT GROUP 6:30-8PM	THURS
OMAR 1 ON 1 1-3:15PM Call the office for an appointment	THURS

NEW HOURS	
SUNDAY	CLOSED
MONDAY	1-6PM
TUESDAY	1-6PM
WEDNESDAY	1-6PM
THURSDAY	1-8PM
FRIDAY	1-6PM
SATURDAY	CLOSED



Important Important Important

In an effort to go “green”, we will begin sending out our monthly newsletters via email. Please send your email address to wellnessshack@yahoo.com to be added to our list. This will be effective beginning with the July newsletter. Please let us know if you do not have an email so we can make other arrangements for you.

Trauma Informed Care Seminar Thursday, June 30th, 2011

A cooperative effort brought to you by The Wellness Shack and Rosebud and Friends. To be held at the Center for Independent Living. There will be two sessions to choose from, either 8:30a.m.-12:00p.m. or 1:00p.m.-4:30p.m. There is a \$5.00 suggested donation. A big thank you to Joann Stephens of Stable Life for leading this seminar.

